

Stone Elixirs & Crystal Waters

Water is a primordial element which underlies creation myths and stories around the world. The Egyptian Heliopolitan creation story recounts that the sun-god Atum (Re) reposed in the primordial ocean (Nun). In Assyro-Babylonian mythology, first the gods and subsequently all beings arose from the fusion of salt water (Tiamat) and sweet water (Apsu). The holy books of the Hindus explain that all the inhabitants of the Earth emerged from the primordial sea. At the beginning of the Judeo-Christian story of creation, the spirit of God is described as stirring above the waters, and a few lines later, God creates a firmament in the midst of the waters to divide the waters (Genesis 1:1-6). In the Koran are the words “We have created every living thing from water.”

—Professor Christopher I.C.E Witcombe, “Water and the Sacred”



Elixir: In Alchemy, a substance thought to be capable of changing base metals into gold. The same term, more fully elixir vitae, “elixir of life,” was given to the substance that would indefinitely prolong life—a liquid that was believed to be allied with the Philosophers’ Stone.

—Encyclopedia Britannica online:
<https://www.britannica.com/topic/elixir-alchemy>

