

How I Met the BioMat *by Robert Simmons*

During the 2010 Tucson show, the staff members at Heaven and Earth kept disappearing down the hall. What's more, when they left the showrooms, they were tired and footsore from the long days on their feet waiting on our customers, and when they came back twenty or thirty minutes later, they were perky and energetic again. And they kept talking about the room down the hall where they were taking their breaks. The man down there was letting them have free sessions lying down on something he called a BioMat. I was immediately suspicious. How could ten or fifteen minutes lying down on a mat do so much good? But my staff members kept on singing the praises of this apparently magical device. And I had to admit that whatever was making them feel re-energized was good for them and good for our business.

Finally my wife Kathy went down and tried it. She too felt completely refreshed by her ten-minute session. I decided I should meet the man with the mats, John Manotti, and learn a little more about BioMats.

The first thing I learned intrigued me. The BioMat was designed as a device for energy healing, and for enhancing one's overall wellbeing, using a combination of modalities. The mat itself is long enough for a person to lie down on, and it is completely filled with Amethyst—about twenty-three pounds of Amethyst! From my work with crystals, I knew that Amethyst was a powerful healing stone. I could imagine that reclining on that much of it would do a lot to clear and refresh one's energies.

I also found out that the BioMat utilizes heat—far infrared heat—as another dimension of its treatment. Something about the combination of the Amethyst and the far infrared energy coming through the stones in the mat seemed to bring an almost instant regeneration of one's energy and feeling of wellbeing. Even the tired feet of my workers felt a lot better!

My wife and staff kept going for sessions through the whole Tucson show, and at the end (of course!) we went home with our own BioMat. But I didn't have my first session until I was back in Vermont.

We had purchased an Amethyst-filled BioMat plus the Tourmaline pillow. As I reclined and let the heat sink in, my body immediately relaxed, and I sunk into a deep meditative state. It was almost as though the BioMat was 'turning on' the meditation without any help from me!

Afterwards, I was so relaxed and refreshed I almost seemed to have had a full night's sleep. Also, I felt as though my subtle energies had been purified on a very deep level. After more uses, I have come to think of the BioMat as more than a healing device. It is also a meditative and energetic tool for anyone hoping to reach deeper states of awareness.

Why does it work? John Manotti knows a lot more about that than I do. But I know what I feel, and that's what matters to me. As a crystal worker, I give a lot of credit to the Amethyst, but as a meditator, I feel that the BioMat's combination of stone and far infrared energy creates a special synergy that works on very deep levels.

The Azeztulite BioMat

After I was convinced of the BioMat's efficacy, I wanted to try something special. My work at Heaven and Earth, and in my writing, has become deeply involved with the stone we call Azeztulite. Like Amethyst, Azeztulite is a member of the quartz family. But to many of us who are sensitive to stone energies, its vibrations far surpass those of almost all other stones. And Azeztulite's purpose, according to the Azez—the angelic beings who are said to have attuned and activated it—is for both spiritual awakening and healing. According to the channelings about it, Azeztulite works on a cellular level, dissolving patterns of contraction and degeneration and filling the cells with an infusion of the spiritual Light of the Great Central Sun. I had seen literally thousands of people experiencing powerful energetic connections with Azeztulite.

So why not make an Azeztulite BioMat?

John Manotti thought it was a great idea, so that's what we did. He got the BioMat manufacturer to agree to the custom model I wanted them to produce, and I provided the Azeztulite.

My wife and I tried it out on ourselves and on several other people. All of us agree that the Azeztulite mat, in terms of its level of vibrational energy and the meditative states it facilitates, is a quantum leap beyond the Amethyst model, though both have their appropriate applications. Right now, the only Azeztulite BioMat in existence is in John Manotti's showroom here in Tucson (though he will take special orders). If you'd like to try out either the Amethyst or Azeztulite BioMats, visit John at the Riverpark Inn room 129, and be prepared for a powerful experience. Who knows, you might find yourself taking home a BioMat. I took two! ♦